

ALL ABOUT THE APPALACHIAN TRAIL—a new book by Leonard Adkins

There are now hundreds of books concerning the Appalachian Trail, including a few fanciful picture books for children. However, *All About The Appalachian Trail* is the very first written for readers in grades 4-8 that provides a complete overview of the world's most famous hiking trail. *All About the Appalachian Trail* is designed for children 9-13 years of age (grades 4-8) and their parents, teachers, and librarians to enjoy together. Long-time ODATC member Leonard M. Adkins covers it all: the route, history, geology, and animals of the trail, along with chapters about hiking equipment and Leave No Trace ethics. There's even a profile of the trail's most famous users—thru-hikers—and quotes designed to not only inspire everyone to take a hike, but to also volunteer to help maintain and protect the trail. In conjunction with the book, there is an available downloadable Teacher's Guide with Common Core Standards, sample questions, and activities to stimulate further discussion and knowledge of the trail. It is available free at <https://brpressbooks.com/wp-content/uploads/2020/09/Appalachian-Trail-TC-Colorful.pdf>

Here's what the National Parks Travel had to say about Adkins' most recent book:

"All about the Appalachian Trail by Leonard Adkins is a small book aimed at the 9- to 13-year-old market. Adkins explains that the trail is not just a walk through nature; it's also an introduction to American history and geology. Adults, and not just adults with children, could learn a lot from this book. All about the Appalachian Trail is 5 by 7 inches with exquisite line drawings by Kirsten Halvorsen. It's been published in a modest manner and lists for \$5.99. It's the book to give to your children or grandchildren – but get one for yourself to read."

How to Get a Copy

Published by Blue River Press (ISBN: 978-1-68157-099-0; \$5.99), the book is available through local bookstores, online, and through Leonard's website, www.habitualhiker.com. Signed copies may be obtained by emailing him at habitualhiker@verizon.net. Leonard will donate a portion of proceeds from each book sale to the Appalachian Trail Conservancy.