



# MEDIC SOLO Disaster + Wilderness Medical School



Please forward to groups, clubs, scouts, friends, etc. Thanks!

## LEARN how to [Register](#) SAVE LIFE + LIMB

in an:

- urban disaster (natural or terrorist)
- rural area (not near a hospital)
- wilderness area



### DISASTER + WILDERNESS FIRST AID cert. course



## When + Where:

- Sep. 21-22 ... Virginia Beach\*
- Oct. 12-13 ... Richmond, VA\*
- Oct. 19-20 ... Charlottesville, VA\*
- Nov. 9-10 ... Blacksburg, VA area\*
- Nov. 16-17 ... Washington, DC

## [MORE INFO](#) ~ [SIGN UP ONLINE](#)

## Overview:

- No prerequisites
- For **adults, and focused youths ages 12+**. *Know your loved ones are safe wherever they are.*
- Hands-on **learn how to care for an injured / ill person during the critical minutes or hours before ambulance / hospital arrival**
- **Blend of classroom instruction & hands-on rescue scenario practice**
- Approved by the Boy Scouts of America (BSA), Girl Scouts of the USA, American Camping Association (ACA), University of Virginia (100% reimbursement for academic employees!), and more
- [Topics](#)
- [Flyer](#)
- 2-year SOLO WFA certification



### Sponsors:



Sierra Club Potomac Region Outings

- Counts as recertification for WFA, AWFA, WFR and wilderness part of W-EMT
- Instructor: Matthew Rosefsky, Geo Medic, C.E.R.T., Wilderness EMT and SOLO Instructor
- Fee: \$175 for the 2-day course (8:30am - 6:30pm each day)
- **\*Charitable Donation:** a nonprofit organization of Blue Ridge Mountain Sports' choice will receive 10% of proceeds.

## [Anonymous Feedback Surveys:](#)

## [Register Online](#)

- **"The course blew my expectations out of the water."** April 2013
- "I was ... **in denial about what could go wrong in a hike.** I feel much more prepared now. Everyone who hikes should take this course!" March 2008
- "It was the **\*very best\* first aid I ever attended** and I've attended many." March 2012
- "The **numerous examples of hands-on practice in evaluating, moving and treating patients gave us lots of practice** in applying what we learned." October 2007
- **"Best instructor on the East Coast** (based on 4 other courses)." December 2012
- "The **encyclopedia knowledge of the instructor. The instructor's willingness to address questions, and willingness to provide individualized attention.**" November 2012
- "When I walked in the door, the idea of being responsible for someone in a backcountry {or disaster} medical emergency was terrifying. **Now I feel confident that I can help.**" March 2008
- "Shortly after receiving my WFA cert ... I was one of the first to arrive at the rolled SUV and assessed the scene. Most of the emergent volunteers were milling around the SUV, wondering what to do ... I took control to treat her ... Police and fire/rescue had not yet arrived, although plenty of 911 calls went out ... I credit being able to successfully treat my 'patient' to your WFA training." Ian K., 6/5/2008
- **"Take the class, Save a life!"** July 2008

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Please add: @solowfa.com to your email system's filter list of approved addresses / domains. Thanks.

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