Subject: Disaster/Wilderness First Aid Class
From: "M. Rosefsky, MEDIC SOLO Disaster + Wilderness Medical School" <newsletter@solowfa.com>
Sent: 5/28/2014 6:26:06 AM
To: odatc.webmaster@gmail.com

MEDIC SOLO Disaster + Wilderness Medical School

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~ Rest-of-year course schedule released ~

*Highlights: **Destination** Disaster + Wilderness First Aid (dWFA) Courses!*

Camp / Cabin
Beach Vacation
with dWFA course,
June 28-29 (or Oct. 11-12).

Enjoy beach, trails through a wide variety of ecosystems, and bike rentals at First Landing State Park, VA. The dWFA course is just 3 miles away.

Mountain-top Weekend
Retreat
with dWFA course,
August 30-31.

Enjoy an A.T. short hike to sunset view, cookouts & campfires, $8/night lodging, dWFA on-site, optional CPR & more!

Please forward to groups, clubs, scouts, friends, etc. Thanks!

LEARN how to ***Register***

SAVE LIFE + LIMB

in an:

- **urban disaster (natural or terrorist)**
- **rural area (not near a hospital)**
- **travel anywhere**
- **wilderness area**

DISASTER + WILDERNESS FIRST AID certification course

When + Where:

- **June 7 - 8 ... Washington, DC**
- **June 21-22 ... Madison, NJ* (near NYC)**
- **June 28-29 ... Virginia Beach, VA***
- **Aug 29-31 ... Mountain-top Retreat**
  including sunset short hike, campfires,
  sandy beach, optional CPR & more
  at Mtn Lake Biol. Stn., near Blacksburg, VA
- **Oct. 11-12 ... Virginia Beach, VA***
- **Oct. 18-19 ... Washington, DC**
- **Nov. 8 - 9 ... Richmond, VA***
- **Nov. 15-16 ... Charlottesville, VA***

MORE INFO ~ SIGN UP ONLINE

Overview:

- **No prerequisites**
- For **adults, and focused youths ages 12+**. *Know your loved ones are safe wherever they are.*
- Hands-on **learn how to care for an injured / ill person during the critical minutes or hours before ambulance / hospital arrival**
- **Blend of classroom instruction & hands-on rescue scenario practice**
- Approved by the Boy Scouts of America (BSA), Girl Scouts of the USA,

American Camping Association (ACA), University of Virginia (100% reimbursement for academic employees!), and more

- Topics
- Flyer
- 2-year SOLO WFA certification
- Counts as re-cert for WFA, AWFA, WFR and wilderness part of W-EMT
- Instructor: Matthew Rosefsky, Geo Medic, Wilderness EMT, CERT, MRC, and SOLO Instructor
- Fee: 180 for the 2-day course (8:30am - 6:30pm each day)
- ***Charitable Donation:** a nonprofit organization of Blue Ridge Mountain Sports' choice will receive 10% of proceeds.

Sponsors:

Sierra Club Potomac Region Outings

Anonymous Feedback Comments:

- ***"The course blew my expectations out of the water."*** *April 2013*
- *"**I was ... in denial about what could go wrong in a hike.** I feel much more prepared now. Everyone who hikes should take this course!" March 2008*
- *"It was the ***very best* first aid I ever attended** **and I've attended many.**" March 2012*
- *"The **numerous examples of hands-on practice in evaluating, moving and treating patients gave us lots of practice** in applying what we learned." October 2007*
- ***"Best instructor on the East Coast** (based on 4 other courses)." December 2012*
- *"The **encyclopedia knowledge of the instructor. The instructor's willingness to address questions, and willingness to provide individualized attention.**" November 2012*
- *"When I walked in the door, the idea of being responsible for someone in a backcountry {or disaster} medical emergency was terrifying.* ***Now I feel confident that I can help."*** *March 2008*
- *"**Shortly after receiving my WFA cert ... I was one of the first to arrive at the rolled SUV and assessed the scene. Most of the emergent volunteers were milling around the SUV, wondering what to do ... I took control to treat her ... Police and fire/rescue had not yet arrived, although plenty of 911 calls went out ... I credit being able to successfully treat my 'patient' to your WFA training.**" Ian K., 6/5/2008*
- ***"Take the class, Save a life!"*** *July 2008*

NBC-TV 6pm newscast

Register Online

Please forward to groups, clubs, scouts, friends, etc. Thanks!
Please add: @solowfa.com to *your* email system's filter list of approved addresses / domains. Thanks.
Was this message forwarded to you from a friend or group? Want to receive future course notifications, just a few times per year? Join this email list.

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Happy, safe trails!

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6/26/2014