

Help Prevent Spread of Highly Contagious “Stomach Bug”

**A.T. Shelters and
Privies may have been
used by sick hikers.
WASH YOUR HANDS
w/SOAP & WATER.**

- **Treat all water. Use best LNT practices.**
- **Hand sanitizers may not be effective against the stomach bug.**
- **Stomach bug has a 12 to 48 hour incubation period, lasts 24-60 hours and may cause severe diarrhea, vomiting, and dehydration.**
- **People with stomach bug may be contagious for 3 days to two weeks after recovery.**